



# KESPRA MEDICAL CENTER

22 Meridian Rd, Suite 10 Edison, NJ 08820

## PATIENT REGISTRATION FORM

**Patient Name:** \_\_\_\_\_  
(Last) (First) (Middle)

**Birth Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Social Security #:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Age:** \_\_\_\_\_ **Gender:** (circle) male - female

**Race:** \_\_\_\_\_ **Ethnicity:** \_\_\_\_\_

**Language Preference:** \_\_\_\_\_ **Marital Status:** \_\_\_\_\_

**Home Address:** \_\_\_\_\_  
(Number) (Street) (Apt #) (City) (State) (Zip Code)

**Work Address:** \_\_\_\_\_  
(Number) (Street) (Suite #) (City) (State) (Zip Code)

**Home Phone No.** ( ) **Cell Phone No.** ( )

**Work Phone No.** ( ) **Email:** \_\_\_\_\_

**Emerg. Contact:** \_\_\_\_\_ **Emerg. Phone No.** ( )

**Preferred Pharm:** \_\_\_\_\_ **Pharm. Phone No.** ( )

**Primary Care Phys:** \_\_\_\_\_ **Referring Phys:** \_\_\_\_\_



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**Primary Insurance:** \_\_\_\_\_

**Subscriber Name:** \_\_\_\_\_

**Subscriber Birth Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Subscriber Social Security #:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Employer:** \_\_\_\_\_ **Effective Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_ (Mo) (Day) (Year)

**ID #:** \_\_\_\_\_ **Group/Policy#:** \_\_\_\_\_

**Insurance Address:** \_\_\_\_\_ (Number) (Street) (Suite #) (City) (State) (Zip Code)

**Secondary Insurance:** \_\_\_\_\_

**Subscriber Name:** \_\_\_\_\_

**Subscriber Birth Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Subscriber Social Security #:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Employer:** \_\_\_\_\_ **Effective Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_ (Mo) (Day) (Year)

**ID #:** \_\_\_\_\_ **Group/Policy#:** \_\_\_\_\_

**Insurance Address:** \_\_\_\_\_ (Number) (Street) (Suite #) (City) (State) (Zip Code)

**INSURANCE ASSIGNMENT & RELEASE:** I certify that I (or my dependents) have insurance coverage with the above listed companies and assign directly to Dr. P. Patel all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am personally responsible for all financial charges whether or not paid by the insurance company. I authorize the use of my signature of all insurance submissions. Dr. P. Patel may use my health care information and may disclose such information to the above named insurance company (ies), and their agents for the purposes of obtaining payment for services rendered and determining insurance benefits, or the benefits payable for related services.

**MEDICARE/MEDIGAP AUTHORIZATION:** I request that payment of authorized Medicare benefits and, if applicable, Medigap benefits made either to me or on my behalf to Dr. P. Patel, for any services furnished to me by the provider. To the extent permitted by law, I authorize any holder of medical or other information needed to determine these benefits or benefits for related services.

Signature of Beneficiary, Guardian or Representative \_\_\_\_\_

PRINT NAME \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_



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## HISTORY FORM

### MEDICAL HISTORY:

**Please Circle Medical Problems Listed Below**

**(Please Include The Duration or Date The Medical Problem Was Diagnosed)**

- |                     |                             |                          |
|---------------------|-----------------------------|--------------------------|
| Diabetes            | COPD/Lung Disease           | Cancer                   |
| High Blood Pressure | Leg Swelling/Edema          | Lupus                    |
| Kidney Disease      | Hepatitis B or C            | Gout                     |
| Protein In Urine    | Recurrent Sinusitis         | Liver Disease            |
| Blood In Urine      | Polycystic Kidney Disease   | Heart Attack             |
| Kidney Stones       | HIV/AIDS                    | Congestive Heart Failure |
| High Cholesterol    | Urinary Tract Infection (s) | Enlarged Prostate        |

**Please List Other Medical Problems Not Listed Above:**

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### SURGICAL HISTORY:

**Please Circle Procedures/Surgeries Listed Below**

**(Please Include The Date/Location The Procedure Was Performed)**

- |                     |                        |                         |
|---------------------|------------------------|-------------------------|
| Kidney Artery Stent | Gall Bladder Surgery   | Kidney Biopsy           |
| Bypass Surgery      | Colon Surgery          | Leg Bypass Surgery      |
| Angioplasty         | Carotid Surgery        | Bladder Surgery         |
| Coronary Stent      | Eye – Laser Surgery    | Cystoscopy              |
| Heart Valve Surgery | Prostate Surgery       | Urinary Stent Placement |
| Amputation(s)       | Kidney Artery Stenting | Kidney Removal/Surgery  |

**Please List Other Procedures/Surgeries Not Listed Above:**

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Please List Your Medications Below

MEDICATION NAME	DOSE (gm, mg, mcg, units)	TIMES PER DAY
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		
9)		
10)		

PLEASE LIST ANY DRUG ALLERGIES:

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## FAMILY HISTORY:

Please Circle If Any Family History Of Medical Problems Listed

RELATION	AGE	ALIVE or DECEASED	MEDICAL PROBLEMS	CAUSE OF DEATH
Father				
Mother				
Sibling(s)				
Children				



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## Patient Authorization for Use and Disclosure of Protected Health Information

By signing, I authorize **Kespra Medical Center LLC** to use and/or disclose certain protected health information (PHI) which specifically identifies me or which can reasonably be used to identify me to carry out my treatment, payment, and health care operations.

This authorization permits **Kespra Medical Center LLC** to use and/or disclose the following individually identifiable health information about me (specifically describe the information to be used or disclosed, such as date(s) of services, type of services, level of detail to be released, origin of information, etc.):

The information will be used or disclosed for the following purpose:

(If disclosure is requested by the patient, purpose may be listed as “at the request of the individual.”)

The purpose(s) is/are provided so that I can make an informed decision whether to allow release of the information.

I understand that while this consent is voluntary, if I refuse to sign this consent, **Kespra Medical Center LLC**, can refuse to treat me. In fact, I have the right to refuse to sign this authorization. When my information is used or disclosed pursuant to this authorization, it may be subject to redisclosure by the recipient and may no longer be protected by the federal HIPAA Privacy Rule. I have the right to revoke this authorization in writing except to the extent that the practice has acted in reliance upon this authorization. My written revocation must be submitted to the privacy officer at:

**Kespra Medical Center**

**22 Meridian Rd, Ste. 10**

**Edison, NJ 08820**

Signed by: \_\_\_\_\_  
Signature of Patient or Legal Guardian                      Relationship to Patient

\_\_\_\_\_  
Print Patient’s Name    Date

\_\_\_\_\_  
Print Name of Patient or Legal Guardian, if applicable

Patient/guardian must be provided with a signed copy of this authorization form.



# KESPR MEDICAL CENTER

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NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

Over the last 2 weeks, how often have you been bothered by any of the following problems?  
(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

add columns

+

+

(Healthcare professional: For interpretation of TOTAL, TOTAL: please refer to accompanying scoring card).

10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all \_\_\_\_\_

Somewhat difficult \_\_\_\_\_

Very difficult \_\_\_\_\_

Extremely difficult \_\_\_\_\_



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## Sleep Questionnaire

**PRINT IN CAPITAL LETTERS – STAY WITHIN THE BOX**

First Name		Middle Initial		Last Name		Tally ARES Risk Points
Weight	Pounds	Age	Years	Gender Male <input type="radio"/> Female <input type="radio"/>		
Height	Feet	Inches	Neck Size	Inches		Score <input type="text"/>
Date of Birth	Month	Day	Year	ID Number	Optional	

**COMPLETELY FILL IN ONE CIRCLE FOR EACH QUESTION – ANSWER ALL QUESTIONS**

**Have you been diagnosed or treated for any of the following conditions?**

High blood pressure	Yes <input type="radio"/>	No <input type="radio"/>	Stroke	Yes <input type="radio"/>	No <input type="radio"/>
Heart disease	Yes <input type="radio"/>	No <input type="radio"/>	Depression	Yes <input type="radio"/>	No <input type="radio"/>
Diabetes	Yes <input type="radio"/>	No <input type="radio"/>	Sleep apnea	Yes <input type="radio"/>	No <input type="radio"/>
Lung disease	Yes <input type="radio"/>	No <input type="radio"/>	Nasal oxygen use	Yes <input type="radio"/>	No <input type="radio"/>
Insomnia	Yes <input type="radio"/>	No <input type="radio"/>	Restless leg syndrome	Yes <input type="radio"/>	No <input type="radio"/>
Narcolepsy	Yes <input type="radio"/>	No <input type="radio"/>	Morning Headaches	Yes <input type="radio"/>	No <input type="radio"/>
Sleeping Medication	Yes <input type="radio"/>	No <input type="radio"/>	Pain Medication e.g., vicodin, oxycontin	Yes <input type="radio"/>	No <input type="radio"/>

Co-morbidities  
+1 for each Yes response

Score

Do not assign any points for these eight responses

**Epworth Sleepiness Scale:** How likely are you to doze off or fall asleep in the following situations, in contrast to just feeling tired? This refers to your usual way of life in recent times. Even if you have not done some of these things recently, try to work out how they would have affected you. Use the following scale to mark the most appropriate box for each situation. (M.W. Johns, Sleep 1991)

0 = would never doze	1 = slight chance of dozing	2	3
2 = moderate chance of dozing	3 = high chance of dozing	0	1
Sitting and reading	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Watching TV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sitting, inactive, in a public place (theater, meeting, etc)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
As a passenger in a car for an hour without a break	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lying down to rest in the afternoon when circumstances permit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sitting and talking to someone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sitting quietly after lunch without alcohol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In a car, while stopped for a few minutes in traffic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Epworth Score **TOTAL** the values from all 8 questions, if 11 or less Score = 0 if 12 or more Score = 2

Score

Assign points for each of the first three responses

Frequency	0 - 1 times/week	1 - 2 times/week	3 - 4 times/week	5 - 7 times/week
<b>On average in the past month, how often have you snored or been told that you snored?</b>	Never <input type="radio"/>	Rarely <input type="radio"/> +1	Sometimes <input type="radio"/> +2	Frequently <input type="radio"/> +3 Almost always <input type="radio"/> +4
<b>Do you wake up choking or gasping?</b>	Never <input type="radio"/>	Rarely <input type="radio"/> +1	Sometimes <input type="radio"/> +2	Frequently <input type="radio"/> +3 Almost always <input type="radio"/> +4
<b>Have you been told that you stop breathing in your sleep or wake up choking or gasping?</b>	Never <input type="radio"/>	Rarely <input type="radio"/> +1	Sometimes <input type="radio"/> +2	Frequently <input type="radio"/> +3 Almost always <input type="radio"/> +4
<b>Do you have problems keeping your legs still at night or need to move them to feel comfortable?</b>	Never <input type="radio"/>	Rarely <input type="radio"/>	Sometimes <input type="radio"/>	Frequently <input type="radio"/> Almost always <input type="radio"/>

Signature	Area Code	Phone Number	Total all 6 boxes from above If point total = 4 or 5 (low risk), 6 to 10 (high) and 11 or more (very high risk)	Point Total <input type="text"/>
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## Fall Risk Assessment - STEADI (Stopping Elderly Accidents, Deaths & Injuries) Assessment

Please circle "Yes" or "No" for each statement below

Yes (2)	No (0)	I have fallen in the past year.
Yes (2)	No (0)	I use or have been advised to use a cane or walker to get around safely.
Yes (1)	No (0)	Sometimes I feel unsteady when I am walking.
Yes (1)	No (0)	I steady myself by holding onto furniture when walking at home.
Yes (1)	No (0)	I am worried about falling.
Yes (1)	No (0)	I need to push with my hands to stand up from a chair.
Yes (1)	No (0)	I have some trouble stepping up onto a curb.
Yes (1)	No (0)	I often have to rush to the toilet.
Yes (1)	No (0)	I have lost some feeling in my feet.
Yes (1)	No (0)	I take medicine that sometimes makes me feel light-headed or more tired than usual.
Yes (1)	No (0)	I take medicine to help me sleep or improve my mood.
Yes (1)	No (0)	I often feel sad or depressed
<b>Total</b> _____	<p>Add up the number of points for each "yes" answer.  <b><u>If total score is 4 points or more, then patient needs to be evaluated for gait, strength and balance problems using Timed Up and Go (TUG) Test.</u></b></p> <p><a href="http://www.cdc.gov/homeandrecreationalafety/pdf/steady/timed%20up%20and%20go%20test.pdf">http://www.cdc.gov/homeandrecreationalafety/pdf/steady/timed up and go test.pdf</a></p>	





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## Health Assessment for Man

Name: \_\_\_\_\_

Date: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Symptom (please check mark)	Never	Mild	Moderate	Severe
Decline in general well being				
Fatigue				
Joint pain/muscle ache				
Excessive sweating				
Sleep problems				
Increased need for sleep				
Irritability				
Nervousness				
Anxiety				
Depressed mood				
Exhaustion/lacking vitality				
Declining Mental Ability/Focus/Concentration				
Feeling you have passed your peak				
Feeling burned out/hit rock bottom				
Decreased muscle strength				
Weight Gain/Belly Fat/Inability to Lose Weight				
Breast Development				
Shrinking Testicles				
Rapid Hair Loss				
Decrease in beard growth				
New Migraine Headaches				
Decreased desire/libido				
Decreased morning erections				
Decreased ability to perform sexually				
Infrequent or Absent Ejaculations				
No Results from E.D. Medications				

### Family History

	NO	YES
Heart Disease		
Diabetes		
Osteoporosis		
Alzheimer's Disease		



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## Health Assessment for Women

Name: \_\_\_\_\_ Date: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Symptom (please check mark)	Never	Mild	Moderate	Severe
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Depressive mood				
Fatigue				
Memory Loss				
Mental confusion				
Decreased sex drive/libido				
Sleep problems				
Mood changes/Irritability				
Tension				
Migraine/severe headaches				
Difficult to climax sexually				
Bloating				
Weight gain				
Breast tenderness				
Vaginal dryness				
Hot flashes				
Night sweats				
Dry and Wrinkled Skin				
Hair is Falling Out				
Cold all the time				
Swelling all over the body				
Joint pain				

### Family History

	NO	YES
Heart Disease		
Diabetes		
Osteoporosis		
Alzheimer's Disease		
Breast Cancer		