



# KESPRA MEDICAL CENTER

22 Meridian Rd, Suite 10 Edison, NJ 08820

## MALE TESTOSTERONE PELLETT INSERTION ACKNOWLEDGEMENT FORM

Although this therapy has been approved for human use, there are a few doctors who currently administer Testosterone pellets in the United States. I realize that this is not the usual and customary means of prescribing testosterone. I realize that the advantages of testosterone may include:

- A)** behavioral changes including decreasing depression, decreasing anxiety, and irritability, increasing energy and motivation, stabilizing mood, allowing one to cope better, improving one's self image, and enhancing one's stamina,
- B)** Improvement in one's cognitive functions (no longer operating "in a fog"), improving short term memory and allowing one to stay focused on a task.
- C)** physical effects such as decreasing total body fat, increasing lean body mass, and increasing bone density and muscle mass
- D)** sexual benefits such as increased libido, increasing early morning erections, increased firmness and duration of erections.

I realize there are potential concerns with testosterone therapy that may include the possibility of enhancing the current prostate cancer to grow more rapidly, for this reason a rectal exam and prostate specific antigen blood test is to be done before starting testosterone and must be done each year thereafter.

The second concern regarding testosterone therapy is that it may increase one's hemoglobin and hematocrit - or "thicken one's blood". This can be reversed through donating blood periodically. This problem can be diagnosed with a blood test. Thus, a complete blood should be done at least annually.

The final concern, especially in younger men, is that testosterone administration may suppress the development of sperm. The sperm count could dramatically reduce while a person is on testosterone therapy. However, this appears to be a reversible process in which the sperm count is restored once the testosterone is discontinued. We encourage any man who is concerned with his fertility in the future to have semen analysis prior to initiation of testosterone therapy. Testosterone administration is **NOT TO BE USED** as a form of male contraception.

My signature certifies I have read and agree to the above. I have been encouraged to ask any questions regarding testosterone pellets. My questions have been answered to my satisfaction.

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Patient's Signature

Date

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Patient's Printed Name